



Newsletters are on display in the Clubroom.
Previous issues can be found on the Members' Area of the website.

For the Diary	
Monday, 1 st June	Velodrone - cycling and music event, Rochester Castle 5pm & 7pm
Saturday, 5 th June	West Kent Invicta 600k Weald Village Scout Hut , 06.00
Sunday, 6 th June	10% Ride in support of 400k event 10.00
Saturday, 12 th June	Naked Bike Ride , London
Sat/Sun, 12 th /13 th	Open Garden Squares Weekend LCC Rides
Sunday, 13 th June	WK Triennial Veterans' Ride , Tonbridge Scout Hall , 8.00
Sunday, 13 th June	Great Kent Ride Charity 60/35 mile ride Ashford 08.00-09.30
Sunday, 13 th June	Big Wheel of Kent Rides from Canterbury and Kent surrounds
Saturday, 19 th June	Bike Week 2010 19-27/6 View & register events here
Saturday, 19 th June	Bromley Bike Blast Cycling Festival 12.00-16.30 Norman Park
Saturday, 19 th June	Nightrider - night-time ride through London. Crystal Palace 10pm FULL
Sunday, 20 th June	CTC South Kent Evegate Triangle 100/70km Audax
Saturday, 26 th June	Lingfield Bike Ride 70/35 mile Sportive, Tandridge Lane, Lingfield

CTC VOTES

[Road.cc](#) gives a summary of the CTC voting in Loughborough and [here's](#) CTC's report. Any clearer?

BIKE WEEK

Fun [after-work LCC rides](#) for the Summer Solstice week - Monday 21 to Thursday 24 June.

INVICTA 600

Final ride of the Invicta SR 2010 series takes place weekend of 5/6 June, now from [Weald Village Scout Hut](#). Contact [Steve Airey](#) for details.

WHERE'S YOUR BREAKFAST FROM?

[The lowdown](#) on carbon footprints. Cycling is great, but what about the fuel?

BIKE HIRE SCHEME

Not long until the long-awaited London bike-hire scheme is launched at the end of July. [Here's](#) a look at the bikes to be used and the framework of the project.

WHO'S DOPING NOW?

William Fotheringham talks about the culture of doping in professional cycling on Radio 4's [Today](#) show.

SKYRIDE

While the Mayor of London [receives an award](#) for his cycle ride that attracted 65,000 people in 2009, read about this year's events [here](#).

"Well I guess I'm about to upset people again"

Any thoughts on [this](#)? Were you riding with this group? Do you know of a ride taking place that day?



LONDON CYCLE CHALLENGE

Workplaces, schools, friends and family can sign up for the [London Cycle Challenge](#),

1 - 30 June. Prizes for the teams that ride the most miles in the month.

CHARITY RIDE

Kent MS Therapy Centre asks you to consider their Cycle India challenge and help raise the much-needed finance for their new MS centre.

CYCLING AT THE LONDON TRANSPORT MUSEUM



Cycling fun to be had at the [London Transport Museum](#) 29 May - 6 June. Bike customizing, maintenance and sing-along for all the family.

CLIMBS

Had enough of our hills? Then take a look at this new book out 3 June: [100 Greatest Cycling Climbs](#) by Simon Warren.



BIKE POLO

Check out **BIKE POLO** at the [European Cup Round 2](#), Vigo 12-13 June. More information at [oakendenpedallers.co.uk/](#).

BIKE RADAR BRANDS HATCH 10-11/7

Event organisers are looking for cyclists of the local area who could lead runs of 8, 15 and 30 miles for festival participants.

Contact [Martin Gill](#) if you would be happy to share your

knowledge of West Kent and head up a ride.



CYCLE INDIA

Would you like a physical challenge?

Would you like to help raise money for the Kent MSTC?

If so Cycle India could be just the challenge for you! Click here for a registration pack and full details of the challenge.

For more information please contact Emma Getliffe on 01303 862 996 or email her at: emma@lifecyclepromotions.co.uk



BIKEABILITY WANTED

Invicta Cycle Training, a co-op of Bikeability instructors working in the Maidstone area, needs extra instructors (trained or not) for casual paid work. If you can help, email [Alan Lawrence](#).

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BBQ + BAT&TRAP

Tuesday 29 June at 8 pm
Bulls Head in Pratts Bottom
A ride from the Fox in Keston Village will leave at 7.30 pm or go direct to the Bulls Head
Email peterhwoods@msn.com or phone Peter Handy 0208 6505701 by 21 June

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BIKE RADAR

Currently riding from Land's End to John O'Groats is 63-year-old amputee James McCulloch. As part of his challenge, he is raising money for Age Concern Bermuda. You can read about James and the progress he is making and donate to his cause [here](#).

WATCH the Dauphiné Libéré, 6 -13/6 and the Tour de Suisse 12 - 20/6 on British Eurosport 2.



 	<p>The next issue of Winged Words is out this week. In June/July:</p> <ul style="list-style-type: none">✚ Your ride reports✚ Cycling the natural beauty of Scotland and Wales✚ Conquering a 300km event✚ A chat about Right to Ride matters✚ Plus lots more! <p>For a copy or to subscribe, please email Richard Bush.</p> 	<p>ADVERTISE in Winged Words Tell cyclists of the local area and beyond about your business. Six issues per annum Full page: £50 Half page: £30 Quarter page: 18 Email Richard Bush.</p>
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