



**Newsletters are on display in the Clubroom.**  
Previous issues can be found in the Members' Area of the website.

**If you would like to be alerted when newsletters are posted, register here.**

For the Diary	See Runs List for WK rides	
Friday, 25 <sup>th</sup> Feb.	London Critical Mass 6.30pm National Theatre, South Bank	
Sunday, 27 <sup>th</sup> Feb.	The Hell of the Ashdown Sportive Biggin Hill 53/106km FULL	
Saturday, 5 <sup>th</sup> March	Annual Photographic Exhibition and Slide Show Otford Methodist Church Hall 5.30pm	
Sunday, 6 <sup>th</sup> March	Anniversary Ride Moorings Hotel, Sevenoaks 10.00am	
Tuesday, 8 <sup>th</sup> March	Orpingtons' Pancake Evening Bulls Head, Pratts Bottom 8.30pm	
Saturday, 12 <sup>th</sup> March	Group Secretaries Forum Black Horse, Stansted	
Sunday, 13 <sup>th</sup> March	Kent Invicta Grimpeur 100 / Hilly 50 Otford Village Hall 9.30 / 10.00am	
Sunday, 13 <sup>th</sup> March	WKRC Reliability Trial Horton Kirby and South Darenth Village Hall 8.00am -	
Thursday, 17 <sup>th</sup> March	Table-top Sale Clubroom 8.45pm	
Friday, 18 <sup>th</sup> March	Friday Night Ride to the Coast Hyde Park Corner, 12.00am	
19 <sup>th</sup> and 20 <sup>th</sup> March	Evans Cycles Ride It! Cycle Show Redbridge Cycling Centre, Hainault	
Sunday, 20 <sup>th</sup> March	VO2 Sportive Hildenborough 65/120km	
Friday, 25 <sup>th</sup> March	London Critical Mass 6.30pm National Theatre, South Bank	
Sunday, 27 <sup>th</sup> March	Man of Kent 200 Golden Green 8.00am	

**ANNIVERSARY RIDE**

On Sunday, 6<sup>th</sup> March the Anniversary Ride will celebrate the first ever ride by WK in 1924. We will meet at the **Moorings Hotel**, Sevenoaks from 10am. The ride will leave at 10.45am led by our President John Tobin. This year the ride will return to the **North Pole** after a few years of going elsewhere. The pub will provide a buffet of sandwiches, quiche, sausage rolls, etc at £6.50. A £8.50 carvery is available to those who phone the pub (01622 817961) to order before Tuesday, 1<sup>st</sup> March, mentioning West Kent CTC to help them judge numbers for the buffet. After lunch Martin Gill will lead a ride via Borough Green and, for those who are interested, to tea at Otford or Shoreham.



**PHOTOGRAPHIC EVENING**

On the evening of Saturday, 5<sup>th</sup> March the 69<sup>th</sup> Photographic Exhibition will take place at **Otford Methodist Hall** from 5.30pm, with judge Paul Adams DPAGB LDPS and slide presentation 'Sweat Marks in Swaziland' by guest Michael Carrigan. Tickets £4.50 in advance; £5 on the door. For full details, [see below](#).

**ROAD CLOSURES - SUNDAY, 27<sup>th</sup> FEBRUARY**

The **Tunbridge Wells Half Marathon** will take place on Sunday, 27<sup>th</sup> February between 10am and 1pm with over 2100 runners on the route from Southborough through Bidborough, Penshurst, Fordcombe, Langton Green and Tunbridge Wells. Details of the roads effected can be found [here](#).

**EVENING WITH HELEN WYMAN AND IAN FIELD**

On Thursday, 3<sup>rd</sup> March **Look Mum No Hands!** will be hosting an evening with top international cyclo riders Helen Wyman and Ian Field. A Q&A session kicks off the event at 6.30pm; more details can be found [here](#).

**MODERATE SECTION - CHANGES TO RIDES**

Please note the following changes to the March/April Cycling Programme.  
19/20 March: Ride on Saturday will start from Alfriston YH at 10.00am.  
3 April: Change of start to Heathfield Station for the Cuckoo Trail.

**YOUTH HOSTEL CLOSURES**



The Youth Hostel Association has announced **eight hostels** are to close over the coming year including Arundel Hostel and three in the **Lake District**.

**The Orpingtons invite you to our SHROVE TUESDAY PANCAKE EVENING on 8<sup>th</sup> March**  
**Venue: The Bulls Head, Pratts Bottom at 8.30 pm**  
There will be a selection of savoury and sweet pancakes.  
Booking is not essential if you will not know until the evening whether you can come, but so that I can advise reasonably accurate numbers coming please email **Peter Woods** or phone 01689 821475 / 0787 515 3918  
As usual, as it is a social evening, arriving by motorised transport is very acceptable!

**10% RIDES**

A series of 10% Rides have been organized to support WK's 300, 400 and 600 events this year. The first will take place on Saturday, 9<sup>th</sup> April. Full details are listed [below](#). For information on the Audax rides, go to the new, all-singing site at [Audax UK](#).

**WK CLOTHING**

All existing stock of fleeces is now sold out. There are T-shirts and polo shirts available, one male Gamex jacket size M and two female size 14. T-shirts are £3-50, polo shirts £4-25 and Gamex jackets £17-50. See them at the Photographic evening or email [Bob Tomlinson](#).



**TROSLEY COUNTRY PARK**

The cafe at **Trosley Country Park** is closed. Work will start soon on a new purpose built visitor centre and café. In the meantime KCC have provided a tea van which is open Wed-Fri 11am - 2pm and Sat-Sun 11am - 3.30pm.



**LONDON BRIDGES**  
LCC reports bikes outnumber cars on five Central London bridges.



### BIKEAWARE

The BikeAware campaign aims to make cycle training for drivers compulsory

### TWEED RUN

The popular Tweed Run will take place for the third time on Saturday, 9th April. There will only be 400 riders so you need to register as fast as possible after midday on 26th February. The £5 entry fee goes to bikes 4 Africa.



### APPLICATION FOR TICKETS OPENS

Other event to be thinking about right now is, of course, the Olympics. As the Velodrome opened this week, it's time to plan what you'd like to see and apply for tickets between 15th March and 16th April. There will also be chances to attend test events to be held prior to the Games.

### FUNDING DEVELOPMENTS

Finance will be available for the development of cycling in 13 London biking boroughs, including the boroughs of Bexley and Bromley. Bids for funding must be made by the end of March.

### COLOURFUL CHARACTERS



The cycling world has recently lost two significant figures – champion of the British bike industry Bob Chicken and pioneering female cyclist Ethel Brambleby.



### London Critical Mass

Title: Critical Mass

Date: Friday February 25, 2011

Time: 6:00 pm - 8:30 pm

Repeats: Every month on the last Friday.

Notes: On the last Friday of every month you can enjoy London as it should be, cycle the streets with a carnival atmosphere and show the world what life could be like. This ride has happened on the last Friday of every month since April 1994 without being organised by anyone. Cyclists meet from 6pm under Waterloo Bridge, South Bank. Critical Mass rides off about 6.30pm.

Check:

<http://www.google.co.uk/search?q=london+critical+mass>

[http://en.wikipedia.org/wiki/Critical\\_Mass](http://en.wikipedia.org/wiki/Critical_Mass)

### GIRO D'ITALIA UNVEILED

A new book comes out mid month described as the "definitive history of the Giro d'Italia in English". Maglia Rosa – Triumph and Tragedy at the Giro d'Italia by Herbie Sykes is published by Rouleur Books and can be pre-ordered now. "The book will provide race fans with a veritable feast of history, whilst simultaneously whetting their appetites for the 102nd Corsa Rosa."



### LAS VEGAS AND BRISTOL

The Las Vegas Institute of Sport Audax taking place on 27th March may not be the first event on your list of wanna dos, but this might persuade you...

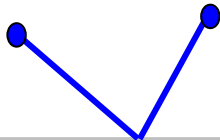
### THIRD THURSDAY

There are LCC social evenings every third Thursday of the month. Meet other local cyclists and find out about rides and events. The next meeting is on Thursday, 17th March in the City.

### WHAT'S IN YOUR SADDLE BAG?

Did you see this novel way of taking supplies? Despite this feat of balance and the speeds achieved, the police stated: "People should ride their bikes safely and not carry inappropriate loads." Perhaps he's been watching the talents of Danny MacAskill. You too can learn how to bunny hop.

### TV & RADIO



Tour of Oman Highlights	28/2	1900-2000	Sky Sports 3
	1/3	1200	Sky Sports 3
Cycle Sports World	1/3	1700	Sky Sports 4
	2/3	1030	Sky Sports 2
	6/3	1700	Sky Sports 3
	6/3	1830	Sky Sports 4
Paris-Nice	6 - 13/3		British Eurosport
Montepaschi Strade Bianche	9/3	1300	British Eurosport 2
Tirreno-Adriatico	9 - 16/3		British Eurosport

BBC iPlayer  
 First broadcast on BBC Radio Scotland, listen to Graham Obree talking on 'If I Knew Then', a series about people who have faced a massive turning point in their lives. Available until Tuesday, 1st March

**WEST KENT CTC  
69<sup>TH</sup> PHOTOGRAPHIC EXHIBITION**

**Judge – Paul Adams DPAGB LDPS**

plus slide presentation

**Sweat Marks in Swaziland** by **Michael Carrigan**

A forensic officer for Swaziland Police, taking a look at the countryside, its people, working and living there as an expatriate and crime fighter.

**Saturday, 5<sup>th</sup> March 2011  
Methodist Church Hall, Otford (near Sevenoaks)**

Includes display of members' Arts and Crafts

Open viewing from 5.30pm – Presentation and Slide Show from 7pm – Close of evening 10.15pm

Tickets from Peter Scott (01474 833123) or from any West Kent CTC Group Contact  
Price: £4.50 in advance or £5 on the door

Refreshments, ample parking and dry cycle storage

**BACK**

**WEST KENT CTC PRESENTS  
THE 10% RIDES 2011**

**The easy alternative to riding our long distance events**

These event support rides are ridden as a group with a leader and enjoy the facilities laid on for the main event, with catering at the start and finish, all for the nominal charge of £2.

BAR POINTS [see BAR Rules]

Riders will gain 6 BAR points for riding one of these support rides.

Groups incorporating these rides into their programme can gain up to 2 points for riding to and from the event. Groups not supporting the events will gain no points on these days. Individuals visiting the event venue will gain 1 point.

**Saturday 9<sup>th</sup> April Harvey Village Hall 14:00 30+ km, [20 miles]**

Route goes to Snodland, via a footbridge to Leybourne Lakes, Aylesford, Wouldham, Medway Bridge, Cuxton, Luddesdown and back to Harvel.

**Sunday 15<sup>th</sup> May Weald Scout Hut 10:00 40km [25 miles]**

Route goes to Chiddingstone Causeway, Leigh, Powder Mills, Tonbridge, Tudeley, Golden Green, Hadlow, Shipbourne, Underriver and back to Weald

**Sunday 4<sup>th</sup> June Weald Scout Hut 10:00 60km [38 miles]**

Route goes to Bough Beech, Marlpit Hill, Merle Common, Lingfield [café break], Haxted, Edenbridge, Hever, Chiddingstone, Chiddingstone Causeway and back to Weald.

**Sunday 11<sup>th</sup> Sept Tonbridge Scout HQ [100km main event]**

Choice of 40km or 60km support rides, following the loop routes used by the main event, following a route sheet [no leader]. Can be ridden in a group or individually. Nominal start time of 10:00. No checkpoints, finish before 16:00.

**Organiser: Rob Seall01732 850664**

**BACK**

**Winged  
Words**



In **Winged Words** February/March:

- Results of BAR Competition 2010
- Your winter ride reports
- Chat With a cycling commuter
- Cycling New England
- Off to the North Pole
- Vic's bell on a bicycle
- Pictures of a birthday, a hoedown, an Xmas tour, and more!

For a copy or to subscribe, email [Richard Bush](mailto:Richard.Bush).



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Email [Richard Bush](mailto:Richard.Bush).