



Newsletters are on display in the Clubroom.
Previous issues can be found in the Members' Area of the website.

If you would like to be alerted when new newsletters are posted, register [here](#).

CLUB ROOM SPECIAL EVENING

Don't forget the **Photographic Evening** on Thursday, April 14th. We will have the DA's digital projector so can show all the digital pictures you have taken on rides, tours, or just anywhere you have been with a camera, and think you would like to share with the rest of us. Bring them on a memory stick preferably or a CD. If you have already had the pictures printed, then bring those along as well.



GOOD BYE CYCLING ENGLAND

Cycling England ceases on 31 March with its responsibilities handed over to local authorities. **Success** will depend on how sympathetic receivers of those remits are to cycling. Sustrans are also under more pressure and have launched an appeal for funding, asking for **donations** of £20 to aid their future.



OPTIMISM

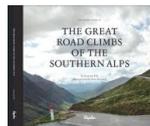
While Cycling England may have to make a disappearing act, it and many other schemes have made an irreversible impact. **Cycling in London** is up hugely and outside London notably. The focus is clearly on more **safety** for an increasing presence with the idea of a 20mph limit in the **Square Mile** and an extension of the **Cycle Hire scheme**.

COPENHAGEN

37,000 cyclists in one day? It seems hard to believe, but that's what one road in Copenhagen boasts. **This article** tells how they plan to do even more.

NATIONAL TRUST INITIATIVE

To a reversal of decisions to sell off woodland is added a **National Trust initiative** to embrace cycling into plans for events and structural developments.



WINGED WORDS

In **Winged Words** April/May issue we are privileged to have a 'chat with' local author Graeme Fife. Possibly best known for his personal homage to the bike, *The Beautiful Machine*, his other titles cover the history of the Tour de France, the wonder of Europe's great mountains and the colour and grandeur of characters such as Bob Chicken and Brian Robinson. Don't miss it.



Invicta Grimpeur 100 / Hilly 50
John Warren had 86 entries (100k: 58; 50k: 28) to the WK hills events and was complimented on the organisation, food and severity of the climbs. Thanks go to Steve, Patrick, Vic, Heather, Peta, Daniel, Tony, Julie and Bob.



DANGER SPOTS

If you are concerned about potentially dangerous areas for cyclists, then Right to Ride Officer Reg Oakley advises contacting the local councillor and asking him/her to convey the problem to KCC. You can also email the **KCC Cycling Officer**. Reg is aware of danger spots, such as Polhill, but concern needs to be voiced by as many affected road-users as possible.

SPRING STRETCHES

Here are some good basic warm-up or cool-down exercises to get a balanced workout from riding.



Groups Get Together Sunday, 22nd May
Meet Spadework Nursery Café, Offham for Elevenses
Ride to White Rock pub, Underriver for Lunch
Further ride for those who wish for Tea

The Tour of Britain TOUR OF BRITAIN

The **final stage** of the **Tour of Britain** will return to Central London with a Whitehall finish on Sunday, 18th September.

LOCAL ADVERTISING

The **localpeople** network is a series of websites for local communities with information on services, activities and developments. Organisations can sign up and advertise not-for-profit activities for free. The Local People service could provide a valuable platform for promoting WK cycling events.

For the Diary	See Runs List for WK rides	
Sunday, 3rd April	The Triple H (Hudson's Horrible Hundred) Hailsham	
Wednesday, 6th April	Wednesday Weekly Wander LCC Ride Bromley South Station 7.30pm 10-20m	
Saturday, 9th April	300km Audax 3am Harvel Village Hall Contact: John Warren	
Saturday, 9th April	10% Ride 2pm Harvel Village Hall Contact: Rob Seall	
Sunday, 10th April	Gravesend On Your Bike Charity Ride Gravesend Promenade 8.45am-15,30,45m	
Sunday, 10th April	Downland Spring Sportive 100k or 100m Canterbury 9am	
Thursday, 14th April	Photographic Evening 8.45pm Clubroom	
Saturday, 16th April	Hailsham 3am/6am 300 Audax	
Saturday, 16th April	Le Tour de Didling Audax 100k Midhurst 8.30am	
Friday, 22nd April	Friday Night Ride To The Coast Central London to Bognor Regis	
Sunday, 24th April	Tour of the Weald Sportive 100k Staplehurst 8am	
Monday, 25th April	Down to Downs Audax 100k Edenbridge 10am	
Friday, 29th April	London Critical Mass 6.30pm National Theatre, South Bank	
Monday, 2nd May	San Fairy Ann Cyclo Sportive 118k Marden 9am	
Sunday, 8th May	Hop Garden Audax Series 8/8.30/9am Meopham Scout Hall Tom Jackson	
Sunday, 15th May	Castle Ride 100 Charity Ride Tonbridge 7am- 100k or 100m	

ROAD CLOSURE

On Monday, 2nd May **Carters ('One Tree') Hill**, Underriver will be closed from 7am to 1pm for the Tonbridge Lions Triathlon.



INNOVATIONS

No egg race this year but have a look at these [novelties](#), brought to you by Condor's 'library of tat', from the 1900 National Cycle Show.

1. HAMPSHIRE 2. KENT 3. SURREY

Yup, that's how it goes in the league of counties with the most traffic. But [Surrey's road](#) will fortunately be receiving a makeover in time for the arrival of the Olympic road events.



OLYMPIC VELODROME

Applying for tickets for next year's Olympic cycling events may well not guarantee a seat, but information given at a recent [talk](#) in Bromley gives the good news that the Velodrome will be "open to the public and used by elite athletics for training. Other facilities include a café, a bike hire shop and a cycle workshop. Therefore it will certainly not go to waste."



NOSTALGIA

Some nostalgic film [here](#) of cycling in the Netherlands in the 1950s. Cycling in clogs, cardboard boxes, long skirts and holding hands – it's all here.

ORPINGTON TUESDAYS

The Orpington group goes out on a Tuesday evenings at 7.30pm. They meet outside the [George at Farnborough](#) for a short ride (15/20m) to a pub. If your lights are good, consider joining them.

THAMES AND MEDWAY CANAL



Maintenance work has been carried out on the NCN1 alongside the Thames and Medway Canal. The undergrowth has been cleared back, improving views of the Canal, and the path has been widened and resurfaced on the whole length with crushed roadstone. The amount of crushing varies here and there. Finally, the last of the "pedal trap" barriers has been removed leaving only the reverse "V" type.

CLUB HISTORY

We have started to compile an archive of **Winged Words**. Brian and Sidney are working hard on putting past issues into the Members' Area. Take a look at the copies concerned and email your opinion of how they look. Recent issues will be made available some months after publication, while past issues will gradually be scanned and stored electronically. If you have any copies of WW prior to 1957 or 1978 - 2009, please consider loaning them for scanning. Equally, if you would like to take part in the project and volunteer to help, then please email us.

FEELING CREATIVE?

Then enter your work of bicycle art in any medium to the [Look Mum No Hands! open exhibition](#) before 4th April or see the entries between 18th April and 2nd May at [49, Old Street](#) .

PRIZES PRIZES

Know any of these [Gravesend prize winners](#)? Well done to them. While Kent rider for Rapha Condor Sharp, [Kristian House](#) secured his first race of the season: the Tour of South Africa.



TV



Cycle Sports World	2/4	17.30	Sky Sports
Three Days of De Panne	3/4	10.30	British Eurosport
Tour of Flanders	3/4	11.15-16.15	British Eurosport
Basque Tour	4-9/4	14.45-16.30	British Eurosport/2
Paris-Roubaix	10/4	11.15-16.15	British Eurosport
Amstel Gold Race	17/4	1400-1600	British Eurosport
Flèche Wallonne	20/4	1300-15.30	British Eurosport
Liège Bastogne Liège	24/4	13.15-1600	British Eurosport
Tour of Turkey	25-30/4	1300-14.30	British Eurosport
Tour of Romandy	26-30/4	various pm	British Eurosport 2

WEST KENT CTC PRESENTS

THE 10% RIDES 2011

The easy alternative to riding our long distance events

These event support rides are ridden as a group with a leader and enjoy the facilities laid on for the main event, with catering at the start and finish, all for the nominal charge of £2.

BAR POINTS [see BAR Rules]

Riders will gain 6 BAR points for riding one of these support rides.

Groups incorporating these rides into their programme can gain up to 2 points for riding to and from the event. Groups not supporting the events will gain no points on these days. Individuals visiting the event venue will gain 1 point.

Saturday 9th April Harvel Village Hall 14:00 30+ km, [20 miles]

Route goes to Snodland, via a footbridge to Leybourne Lakes, Aylesford, Wouldham, Medway Bridge, Cuxton, Luddesdown and back to Harvel.

Sunday 15th May Weald Scout Hut 10:00 40km [25 miles]

Route goes to Chiddingstone Causeway, Leigh, Powder Mills, Tonbridge, Tudeley, Golden Green, Hadlow, Shipbourne, Underriver and back to Weald

Sunday 12th June Weald Scout Hut 10:00 60km [38 miles]

Route goes to Bough Beech, Marlpit Hill, Merle Common, Lingfield [café break], Haxted, Edenbridge, Hever, Chiddingstone, Chiddingstone Causeway and back to Weald.

Sunday 11th Sept Tonbridge Scout HQ [100km main event]

Choice of 40km or 60km support rides, following the loop routes used by the main event, following a route sheet [no leader]. Can be ridden in a group or individually. Nominal start time of 10:00. No checkpoints, finish before 16:00.

Organiser: Rob Seall 01732 850664

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Winged Words



In Winged Words April/May:

- ✚ A Winter Tour to the New Forest
- ✚ A Chat With cycling writer Graeme Fife
- ✚ A trip to Alt Emporda
- ✚ All the photographic winners
- ✚ A big birthday and anniversary
- ✚ A windy way to a wedding
- ✚ A good joke... and another
- ✚ A question or two on things Kent
- ✚ And some coverage of rides there...

For a copy or to subscribe, email [Richard Bush](#).



ADVERTISE

in Winged Words
Tell cyclists of the local area
and beyond about your
business.

Six issues per annum

Full page: £50

Half page: £30

Quarter page: £18

Email [Richard Bush](#).