

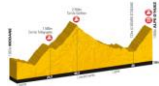


**Newsletters are on display in the Clubroom.**  
**Previous issues can be found in the Members' Area of the website.**

**If you would like to be alerted when new newsletters are posted, register here.**

**IT'S THAT TIME**


Tomorrow marks the start of the most exciting week of the year, with the 98<sup>th</sup> [Tour de France](#) setting out on its 21 stages covering nearly 3,500km. This year's highlight is the Alps whose Col du Galibier was first climbed 100 years ago. Introduced to make the challenge greater, it will be climbed twice this year. The rules are [changing slightly](#) but who will this favour? Contador competes with [some controversy](#) but is the obvious contender to win the double. Here's [Cav](#) giving expectations of his performance. Where to watch and read about it? The BikeShow has tips [here](#). Rapha have produced a [new CD](#) inspired by the Tour. Want the [tea shirt](#)? Or just fancy some of it yourself? Then go [climb](#).



**WHAT ELSE IS THERE?**


Well, don't forget Tuesday 5<sup>th</sup>, 8pm, Bulls Head, Pratts Bottom, for the [Orpingtons' BBQ evening](#). Then the weekend of 6<sup>th</sup>/7<sup>th</sup> August will be the [WK Camping Rally](#) at Hopehill Scout Camp, Meopham.

**BOOMS!**

 Two updates here of the increase in bike traffic in the cities of [London](#) and [New York](#) with acceptance, resignation and where to stop, shop and socialize. If you want to take your bike to town and need a place to park it, consider [H2 Bike Run](#). It's a gym in Soho but provides showers, changing and bike storage facilities for cyclists. You could also get your machine serviced or see a Personal Trainer. There's currently the chance to take a [7-day free trial](#).

**SUMMER MADNESS**

Other news of promotion comes from [Glastonbury](#) which positively spread the luuv this year with a bike-friendly festival. A report [here](#) from York on the Cycle Show last weekend.

 Hailed a success by the local newspaper, there are mixed messages from those who attended, including a group of West Kenters. Meanwhile the CTC Birthday Rides in Suffolk from 14<sup>th</sup> to 20<sup>th</sup> August are fully booked. As the Critical Mass events grow in popularity across the world, two riders in Cleveland used the occasion to tie the knot. Watch the fun [here](#).

**TICKETS OR NO TICKETS**

Missed out on rounds 1 and 2 of Olympic ticket applications? [Here's](#) what there is still to look forward to, while [here](#) are details of the Road Race as it passes through nearby Surrey. Of course, let us know if you have any tickets spare!

**NO MORE LONGER LORRIES**

The Department for Transport is considering increasing the trailer length of a lorry by over two metres. LCC has launched a [campaign](#) to prevent these Government proposals coming into place.



**JUNCTION 9**

A [new bridge](#) for cyclists and pedestrians has been erected over the M20 at Junction 9, linking Ashford town centre and Kennington. CTC South Hampshire is compiling evidence of cycle use of

the subways and paths on Junction 9 M3/A34 at Winchester. WK have used this route into the city on Audax events and other occasions. If you can give some feedback, please email [Paul McQuillen](#) for the relevant form.

**SCHOOL REPORT**

A fantastic initiative [here](#) at Charles Darwin School, Biggin Hill. Operation School Bike, devised by Bromley Police, allows pupils to share a pool of 30 unclaimed bikes to get to and from school with the aim of reducing

For the Diary	See Runs List for WK rides	
Saturday, 2 <sup>nd</sup> July	London to Brighton Central London CTC Clapham South Station 8.45am	
Sunday, 3 <sup>rd</sup> July	North Kent Bikeathon 25, 50, 100km Norman Park, Bromley 9am	
Sunday, 3 <sup>rd</sup> July	Fairies 50, 100, 150, 200, 300km Audax Bethersden Village Hall 2,8,8.30,9,10am	
Sunday, 3 <sup>rd</sup> July	Burgess Hill 1066 Ride Cyclosporitive 106/88/66/35 miles	
Tuesday, 5 <sup>th</sup> July	Orpingtons' BBQ and Bat & Trap Evening Bulls Head, Pratts Bottom 8pm	
Sunday, 10 <sup>th</sup> July	Orpington to Whistable LCC Ride Orpington Rail Station 9am	
Friday, 15 <sup>th</sup> July	Friday Night Ride to the Coast to Brighton Hyde Park Corner Midnight	
Saturday, 16 <sup>th</sup> July	Dunwich Dynamo London Fields, Hackney 8pm	
22 <sup>nd</sup> - 25 <sup>th</sup> July	Welsh Festival of Cycling 2011 Rhosgoch Golf and Leisure Club	
Sunday, 24 <sup>th</sup> July	London Ditchling Devil Audax 210km Wimbledon Common 7am	
Friday, 29 <sup>th</sup> July	London Critical Mass 6.30pm National Theatre, South Bank	

**ORPINGTONS' BBQ & BAT AND TRAP EVENING**  
Tuesday evening **BBQ & Bat and Trap** with BBQ food, including vegetarian, and excellent marinated meat from the local butcher.  
Not played Bat and Trap before? Not a problem: this old Kentish game has easy rules and no running around - playing is not compulsory! Why not bring your other half with you and we can have a great social evening.  
**WHEN : Tuesday 5 July at 8 pm.** A ride from Farnborough Village will leave at 7.30 pm SHARP or you are welcome to go direct to the Bulls Head.  
**WHERE : Bulls Head in Pratts Bottom.**  
For more information, contact peterhwoods@msn.com or Peter Handy 0208 6505701.

Come and join in  
**"THE BIG WEST KENT PARTY"**  
**West Kent CTC's Camping Weekend**  
Saturday, 6th and Sunday, 7th August  
*"Be there - Be seen -  
No Dress Code for Hats!"*  
Click here for details and to book

**SUMMER JUMBLE**  
**Saturday, 9<sup>th</sup> July** Ripley Bike Jumble  
Ripley Village Hall (7) 9am  
**Sunday, 31<sup>st</sup> July** Dave Creasey Memorial  
Herne Hill Velodrome (9) 10am



overcrowding on the roads and public transport as well as improving the pupils' health. The scheme will be expanded to other schools.

### LEE VALLEY SUMMER OF CYCLING

The Lee Valley Regional Park has a schedule of special rides for [Summer 2011](#) dedicated particularly to the lead up to 2012. There are Olympic rides, family rides and a new [Ride Around London Sportive](#), which takes in many of the Olympic locations.

### CROSS TRAINING

On the road and now in the water, Mark Beaumont takes on another [extraordinary challenge](#), rowing the fast-changing polar icecap to the North Magnetic Pole. Watch progress [here](#).



### TEA OR COFFEE

New tea and coffee stops are to be found at the following locations:  
[HARTFIELD Farm and Coffee Shop](#) - at the junction of the B2110/B2026 to the north of Hartfield, close to the Forest Way;

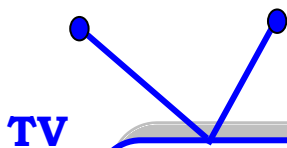
[MATFIELD Cherry Trees](#) Open: Tues-Sat 9-5, Sun 9.30-5;

[BREDGAR Farm Shop](#) other side of the road from the pond about two miles south of Sittingbourne; Open: Mon-Sat 8-5, Sun 8-4;

[FAVERSHAM Swan Café](#) Open: Mon-Sun 9-3;

[TROSLEY Country Park](#) Opening end July.

*PENSHURST Quaintways Tea Rooms are due to close at the end of July and are currently having a closing-down sale.*



Tour de France 2 - 24/7 British Eurosport schedule  
ITV 4 schedule

Excess Baggage BBCiPlayer  
*Sandi Toksvig looks at the advantages of the bicycle as a travel machine with round-the-world cyclist Susie Wheeldon, hill rider Robert Penn and day-tripper Mat Carroll.*

### WEST KENT CTC PRESENTS

#### THE 10% RIDES 2011

The easy alternative to riding our long distance events

Sunday 11<sup>th</sup> Sept

Tonbridge Scout HQ [100km main event]

Choice of 40km or 60km support rides, following the loop routes used by the main event, following a route sheet [no leader].

Can be ridden in a group or individually.

Nominal start time of 10:00. No checkpoints, finish before 16:00.

Organiser: Rob Seall 01732 850664

## BACK

	<p>In <b>Winged Words June/July:</b></p> <ul style="list-style-type: none"><li>Tours South, North and West but no rain</li><li>50 years' hard riding and plenty more to go</li><li>A Favourite Ride – variety in the Marshes</li><li>A Hystery of Addington</li><li>In praise of a graveyard</li><li>Living the dream on the Tour de France</li><li>The latest news of your rides.</li><li>Pictures and words.</li><li>A bad joke. And another.</li></ul> <p>For a copy or to subscribe, email <a href="#">Richard Bush</a>.</p>	<p><b>ADVERTISE</b> in <b>Winged Words</b> Tell cyclists of the local area and beyond about your business. Six issues per annum Full page: £50 Half page: £30 Quarter page: £18 Email <a href="#">Richard Bush</a>.</p>
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